

Robynne Chutkan, MD, FASGE
Founder, Digestive Center for Wellness, LLC
Assistant Professor, Georgetown University Hospital

EDUCATION:

1987-1991 Columbia College of Physicians & Surgeons, New York; M.D.
1983-1987 Yale University, Connecticut; B.S.

POSTDOCTORAL TRAINING:

1995-1997 Fellow in Gastroenterology
The Mount Sinai Medical Center, New York
1994-1995 Chief Resident in Internal Medicine
Columbia Presbyterian Medical Center, New York
1992-1994 Resident in Internal Medicine
Columbia Presbyterian Medical Center, New York
1991-1992 Intern in Internal Medicine
Columbia Presbyterian Medical Center, New York

FACULTY APPOINTMENTS:

1997-present Division of Gastroenterology
Georgetown University Hospital, Washington D.C.
1997-2002 National Institutes of Health
Digestive Diseases Branch

CERTIFICATION:

2006 Fellow of the American Society for Gastrointestinal Endoscopy (FASGE)
1997 Board Certified, Gastroenterology
1995 Board Certified, American Board of Internal Medicine
1992 Diplomate, National Board of Medical Examiners

HONORS:

1998 “The Outstanding Visit Award” for Excellence in Teaching
House-Officers the Art and Science of Medicine
Georgetown University Medical Center, Washington D.C.

Robynne Chutkan, MD, FASGE

- 1997 Teaching Fellow Award; “Fellow of the Year”
The Mount Sinai Medical Center, New York.
- 1996 Recipient of the ACG/Astra Merck Senior Fellow Award, ACG meeting Seattle
“Best Abstract by a Fellow-In-Training”

CONSULTING:

- 2016-2019 uBiome
Medical Advisory Board
- 2010-2019 Dr Oz Show
Medical Advisory Board, Featured GI expert
- 2010-2017 Sharecare.com
Medical Expert
- 2010-2014 Ladies Home Journal
Medical Advisory Board
- 2007 National Geographic
Medical Consultant
- 2004-2005 Discovery Health Channel
Medical Consultant
- 2001-2002 National Institutes of Health Clinical Roundtable
Moderator (CME satellite broadcast program)

COMMITTEES & BOARDS – EXTRAMURAL:

- 2021-present Director
Squash and Education Alliance
- 2010-2012 Chair, Public & Member Outreach Committee
American Society for Gastrointestinal Endoscopy
- 2009-2011 Practice Management & Economics Committee
American Gastroenterological Association
- 2009-2015 Founder and President
Gutrunners Foundation (non-profit)
- 2006-2009 Councilor, Governing Board
American Society for Gastrointestinal Endoscopy

Robynne Chutkan, MD, FASGE

2006-2008	Founder and Chair Association of Female Gastroenterologists (AFG)
2005-2006	Gastroenterology Core Curriculum Steering Committee member ASGE representative
2004-2006	Practice Management Committee (RUC Advisor) American Society for Gastrointestinal Endoscopy
2003-2006	Chair, Training Committee American Society for Gastrointestinal Endoscopy
2002-2003	Research Committee American Society for Gastrointestinal Endoscopy
2002-present	Women in Gastroenterology Committee American College of Gastroenterology
2000-2004	Government Affairs Task Force Crohn's and Colitis Foundation of America
1998-2004	Board of Trustees, Greater Washington, D.C. Chapter Crohn's and Colitis Foundation of America
1998-2004	Vice-President for Education, Chapter Medical Advisory Committee Crohn's and Colitis Foundation of America
1998-2000	Standards of Practice Committee American Society for Gastrointestinal Endoscopy

COMMITTEES & BOARDS – INTRAMURAL:

2012-2016	Medical Executive Committee Medstar Georgetown University Hospital
1999-2001	Pharmacy and Therapeutics Committee Georgetown University Medical Center
1998-2002	Society for Medical Women Faculty Georgetown University Medical Center
1998-2002	Co-Director, Fellowship Evaluation Committee Division of Gastroenterology, Georgetown University Medical Center

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1998-2004	Intern Selection Committee Georgetown University Medical Center
1998-2003	Clinical Competency Committee Georgetown University Medical Center
1994-1995	Clinical Competency Committee Columbia Presbyterian Medical Center
1993-1994	Chairperson, House-Staff Affairs Committee Columbia Presbyterian Medical Center
1993-1994	House-Staff Representative to the Medical Board Columbia Presbyterian Medical Center
1992-1993	Internal Medicine Representative, House-Staff Affairs Committee Columbia Presbyterian Medical Center

PERSONAL:

Citizenship	USA
Languages	Native English speaker; also fluent in French and Spanish
Hobbies	Running, squash, tennis, snowboarding, Vinyasa yoga

PUBLICATIONS – BOOKS:

R Chutkan. *The Anti-Viral Gut – Tackling Pathogens from the Inside Out*
Penguin Random House, 2022

R Chutkan. *The Bloat Cure -101 Natural Solutions for Real and Lasting Relief*.
Penguin, 2016

R Chutkan. *The Microbiome Solution - A Radical New Way to Heal Your Body from the Inside Out*.
Penguin, 2015

R Chutkan. *Gutbliss - A 10-Day Plan to Ban Bloat, Flush Toxins, and Dump Your Digestive Baggage*.
Penguin, 2013

PUBLICATIONS – BOOK CHAPTERS:

R Chutkan. Medical Management of Toxic Megacolon. In Lichtenstein G, Scherl E (eds): *Ulcerative Colitis, The Complete Guide to Medical Management*, Slack Incorporated, 2011, p. 293.

R Chutkan. Colonoscopy Issues Related to Women. In Ahmad A, Frank B (eds): *Gastrointestinal Endoscopy Clinics of North America*, W.B. Saunders Company, Jan 2006, p. 153.

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R Chutkan. IBD in the Elderly. In Kane S, Dubinsky M (eds): Pocket Guide to Inflammatory Bowel Disease, Cambridge University Press, May 2005, p. 94.

R Chutkan, N Toubia. Effect of non-steroidal anti-inflammatory drugs on the Gastrointestinal Tract: Diagnosis by Wireless Capsule Endoscopy. In Barkin, J (ed): Gastrointestinal Endoscopy Clinics of North America, W.B. Saunders Company, Jan 2004, p. 67.

R Chutkan, E Scherl, J Waye. Colonoscopy in Inflammatory Bowel Disease. In Lichtenstein G (ed): Gastrointestinal Endoscopy Clinics of North America, W.B. Saunders Company, 2002, p. 463.

R Chutkan, N Balba. Infections of the Colon. In DiMarino A, Benjamin S (eds.): Gastrointestinal Disease: An Endoscopic Approach, 2nd edition. Massachusetts, Blackwell Science, Inc, 2002, p. 795.

R Chutkan. Inflammatory Bowel Disease. In Borum, M (ed.): Primary Care: Clinics in Office Practice. Philadelphia, W.B. Saunders Company, 2001, p. 539.

R Chutkan, J Waye. The Role of Endoscopy in Evaluating Ileal Pouches. In Bayless T, Hanauer S (eds.): Advanced Therapy of Inflammatory Bowel Disease, 2nd edition. Ontario, B.C. Decker Inc, 2001, p. 225.

R Chutkan, J Waye. Endoscopy in Inflammatory Bowel Disease. In Kirsner JB (ed.): Inflammatory Bowel Disease, 5th edition. Philadelphia, W.B. Saunders Company, 2000, p. 453.

R Chutkan. Inflammatory Bowel Disease. In Benjamin, S (ed.): Educational Review Manual in Gastroenterology. New York, Castle Connolly Graduate Medical Publishing, 2000.

PUBLICATIONS – SCIENTIFIC ARTICLES:

H. Kahleova, E Rembert, J Alwarith, W Natanael, A Tura, R Holubkov, M Agnello, R Chutkan, N Barnard. Effects of a low-fat plant-based diet on gut microbiota in overweight individuals, and relationships with body weight, body composition, and insulin sensitivity. A randomized clinical trial. *Nutrients* 2020, 12(10).

R Chutkan, E Hamshaw, F Ashraf. Effect of a low-complex carbohydrate diet on inflammatory bowel disease. Abstract 1360, Chicago, IL. May 2014.

R Chutkan, A Ahmad, J Cohen, M Cruz-Correa, D Desilets, J Dominitz, B Dunkin, S Kantsevov, L McHenry, G Mishra, D Perdue, J Petrini, P Pfau, T Savides, J Telford, J Vargo. ERCP Core Curriculum. *Gastrointest Endosc* 2006;63: 361-76.

R Chutkan, J Cohen, MAbedi, M Cruz-Correa, J Dominitz, K Gersin, D Greenwald, S Kantsevov, K Kowdley, M Nguyen, R Soetikno, J Telford, J Vargo. Training guideline for use of propofol in gastrointestinal endoscopy. *Gastrointest Endosc* 2004;60:167-172.

S Boonpongmanee, D Fleischer, J Pezullo, K Collier, W Mayoral, F Al-Kawas, R Chutkan, J Lewis, L Tio, S Benjamin. The frequency of peptic ulcer as a cause of upper-GI bleeding is exaggerated. *Gastrointest Endosc* 2004;59: 788-94.

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C Greene, L Chen, M Grekova, D Connelly, R Crusio, C Rose, C Saunders, H Crayton, J Jonklaas, R Chutkan, J Richert. A new gene over-expressed in multiple sclerosis immune cells. FASEB (ASBMB), Abstract 366.17, San Diego, CA, April 2003.

N Balba, F Al-Kawas, P Harrison, C Kulesza, S Benjamin, J Carroll, R Chutkan, N Haddad, J Lewis, D Lees, C Dougherty. Propofol Sedation in Gastrointestinal Endoscopy: Evaluation of Recovery Times and Safety Compared to Standard Conscious Sedation. Am J Gastroenterol 2002:S299

R Chutkan, M Sternthal, H Janowitz. A Family with Collagenous Colitis, Ulcerative Colitis, and Crohn's Disease. Am J Gastroenterol 2000;95:3640-1.

R Chutkan, Constipation 2001: A New Look at an Old Problem. Contemporary Ob/Gyn December 2000

G Eisen, R Chutkan, J Goldstein, B Petersen, M Ryan, S Sherman, J Vargo, R Wright, H Young, M Catalano, F Dentsman, C Smith, V Walter. Role of Endoscopic Ultrasonography. Gastrointest Endosc 2000;52: 852-859.

G Eisen, R Chutkan, J Goldstein, B Petersen, M Ryan, S Sherman, J Vargo, R Wright, H Young, M Catalano, F Dentsman, C Smith, V Walter. Modifications in Endoscopic Practice for the Elderly. Gastrointest Endosc 2000;52: 849-851.

G Eisen, R Chutkan, J Goldstein, B Petersen, M Ryan, S Sherman, J Vargo, R Wright, H Young, M Catalano, F Dentsman, C Smith, V Walter. Endoscopic Therapy of Chronic Pancreatitis. Gastrointest Endosc 2000;52: 843-848.

G Eisen, R Chutkan, J Goldstein, B Petersen, M Ryan, S Sherman, J Vargo, R Wright, H Young, M Catalano, F Dentsman, C Smith, V Walter. Modifications in Endoscopic Practice for Pediatric Patients. Gastrointest Endosc 2000;52: 838-842.

R Chutkan, M Borum, M Johnson, R Farmer. The Use of Alternative Medicine Practices amongst Patients with Inflammatory Bowel Disease. Inflamm Bowel Dis May 2000.

C Tombazzi, S Benjamin, G Marino, R Zubarik, W Mayoral, D Fleischer, F Al-Kawas, L Tio, J Lewis, R Chutkan. The Complication Rate of Duodenal Polypectomy. Gastrointest Endosc 2000;51: A3350

R. Farmer, R. Chutkan. Predicting the Clinical Course of Patients with Crohn's Disease. Colon and Rectal Surgery Outlook. 1999;12.

N. Gawgaw, R. Chutkan. Intestinal Duplication as a Source of Chronic Abdominal Pain. Am J Gastroenterol. 1999;94:A502.
Poster presentation at the ACG Annual Meeting, October 1999.

R. Chutkan, A. Abou-Saif. Endoscopic Ligating Device for the Removal of a Large Pedunculated Polyp. The Am J Gastroenterol. 1999;94:A753.

R. Chutkan, A. Abou-Saif. Endoscopic Removal of a Large Lipoma Using an Endoscopic Ligating Device. The Am J Gastroenterol. 1999;94:A754.

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R. Chutkan, A. Abou-Saif. Enterobius Vermicularis as an Incidental Finding in the Colon. Am J Gastroenterol. 1999;94:A755.

R. Chutkan, A. Abou-Saif. Extensive Inflammatory Polyps Mimicking FAP in a Patient with Crohn's Disease. Am J Gastroenterol. 1999;94:A756.

A. Abou-Saif, R. Chutkan. Laser Treatment for Gallstones in the Duodenum. The American Journal of Gastroenterology, 94: 1999 A757.

R. Chutkan, M. Johnson, P. Green. Endoscopic Band Ligation of Internal Hemorrhoids. Gastrointestinal Endoscopy 1999;49: A325.
Poster presentation at the ASGE Annual Meeting, May 1999.

R. Chutkan, R. Wang, M. Sternthal, C. Bodian, H. Janowitz, D. Sachar. Age of Onset and "Genetic Anticipation" in Inflammatory Bowel Disease. Gastroenterology, 112: 1997 A950.
Poster presentation at the AGA Annual Meeting, May 1997.

R. Chutkan, A. Lipp, J. Waye. The Argon Plasma Coagulator: A New and Effective Modality for Treatment of Radiation Proctitis. Gastrointestinal Endoscopy, 45: 1997 A11.
Poster presentation at the ASGE Annual Meeting, May 1997.

R. Chutkan, M. Sternthal, C. Bodian, G. Perez, M. Blaser, P. Green. H. Pylori Infection in Endoscopists. Gastrointestinal Endoscopy, 45: 1997 A90.
Poster presentation at the ASGE Annual Meeting, May 1997.

T. Linden, M. Sternthal, R. Chutkan, J. Waye. Diverticular Colitis. Gastrointestinal Endoscopy, 45: 1997 AB2.
Video presentation at the ASGE Annual Meeting, May 1997.

R. Chutkan, M. Sternthal, T. Linden, J. Waye. New Diagnostic Techniques: Air Aspiration of Pneumatosis. Gastrointestinal Endoscopy, 45: 1997 AB2.
Video presentation at the ASGE Annual Meeting, May 1997.

T. Linden, R. Chutkan, M. Sternthal, J. Waye. Interesting Findings at Colonoscopy. Gastrointestinal Endoscopy, 45: 1997 AB2.
Video presentation at the ASGE Annual Meeting, May 1997.

R. Chutkan, T. Linden, M. Sternthal, J. Waye. New Techniques: The Argon Plasma Coagulator. Gastrointestinal Endoscopy, 45: 1997 AB2.
Video presentation at the ASGE Annual Meeting, May 1997.

T. Linden, M. Sternthal, R. Chutkan, J. Waye. New Tools to Minimize the Risk of Post-Polypectomy Bleed. Gastrointestinal Endoscopy, 45: 1997 AB2.
Video presentation at the ASGE Annual Meeting, May 1997.

R. Chutkan, M. Blam, B. Lewis, B. Katz. Significance of the Cameron Lesion in GI Bleeding. The American Journal of Gastroenterology, 91: 1996 A101.

Robynne Chutkan, MD, FASGE

Oral presentation at the ACG Annual Meeting, October 1996.
Recipient of the 1996 ACG/Astra Merck Senior Fellow Award.

R. Chutkan, P. Green. The Significance of Unsuspected Celiac Disease Diagnosed at Endoscopy. The American Journal of Gastroenterology, 91: 1996 A292.
Poster presentation at the ACG Annual Meeting, October 1996.

M. Bessler, Y. Yang, G. Tang, D. Schneider, R. Chutkan, C. Lightdale, P. Stevens, R. Alfano. Fluorescence Spectroscopy of Colon Cancer versus Normal Mucosa. Gastrointestinal Endoscopy, 40: 1994 A306. Poster presentation at the ASGE Annual Meeting, May 1994.